



Ruchi Gupta, MD, MPH
Professor of Pediatrics & Medicine, Northwestern University Feinberg School of Medicine
Clinical Attending, Ann & Robert H. Lurie Children's Hospital of Chicago
Director, Center for Food Allergy & Asthma Research (CFAAR)

Ruchi Gupta, MD, MPH, is a Professor of Pediatrics and Medicine at Northwestern University Feinberg School of Medicine and a Clinical

Attending at Ann & Robert H. Lurie Children's Hospital of Chicago. Dr. Gupta has more than 16 years of experience as a board-certified pediatrician and health researcher and currently serves as the founding director of the Center for Food Allergy & Asthma Research (CFAAR). She is world-renowned for her groundbreaking research in the areas of food allergy and asthma epidemiology, most notably for her research on the prevalence of pediatric and adult food allergy in the United States. She has also significantly contributed to academic research in the areas of food allergy prevention, socioeconomic disparities in care, and the daily management of these conditions. To reduce the burden of these diseases and improve health equity, she and her team develop, evaluate, and disseminate interventions for families and conduct work to inform local, national, and international health policy.

Dr. Gupta is the author of the Food Allergy Experience, has written and co-authored over 140 peer-reviewed research manuscripts, and has had her work featured on major TV networks and in print media. She and her team strive to improve the lives of children and their families through their research and hope to continue finding answers and shaping policies around allergic conditions.